



Come join us for a
BENEFIT
MOUNTAIN BIKE RIDE

There's nothing like mountain biking with friends. You encourage each other to ride over the obstacles, to keep going forward. However, one of our mountain biking friends is facing a huge obstacle with her health. Recently, Lisa Lee has been in and out of the hospital with several health problems resulting from a stroke she suffered a few years ago. Through it all, Lisa has continued to be a huge supporter of our mountain biking community. ***Now it's our time to help support her.***

SATURDAY SEPT. 29, 2007
Chicopee Woods MTB Trails in Gainesville, Georgia

A Friend-Lee Ride 

9 a.m. to 1 p.m.

Minimum \$20 donation per person

For each donation, you will receive a custom event sport bottle, a 'F.O.L.' (Friend of Lisa) support sticker for your bike, a raffle ticket, lunch/drink and various 'goodies' donated by event sponsors.

- All riders and families are welcome - beginner to advanced
- Adventure punch-card ride* for all ages
(*each punch collected is good for one raffle ticket)
- Skills clinic for beginners and group rides
- Basic bike maintenance demonstration
- Music, Food and Drinks

Go to www.afriendleeride.org for **MORE** details!